

# Intro to Adaptability

A 2 Hour Learning Event



Authored and Delivered By

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The Intro to Adaptability program from The EQ Development Group is the ultimate starting point for individuals and organizations to understand and leverage Adaptability Intelligence (AQ).

Delivered with or without the AQme adaptability assessment, this program establishes a solid foundation for participants to develop and enhance their AQ skills.

Available as an in-person event, or delivered online, this is a one-of-a-kind offering suited to any organization.

## Workshop Highlights

- **Discover the Power of Adaptability Intelligence (AQ):** Gain insights into how AQ impacts individual and team performance.
- **Understand the Urgency of Adaptability:** Explore why adaptability is a critical skill in today's rapidly evolving business landscape.
- **Leverage the ACE Model of Adaptability:** Use this proven framework to understand and apply adaptability concepts effectively.
- **Examine Adaptability Dispositions:** Learn how mindsets like 'Play to Win' or 'Play to Protect' influence behaviors and outcomes—both positively and negatively.
- **Enhance Collaboration Through Key AQ Skills:** Identify specific adaptability skills that improve teamwork and foster better results.
- **Master Transformative AQ Skills:** Explore high-impact strategies, such as Unlearning, to elevate organizational adaptability.
- **Take Immediate Action:** Walk away with practical actions and techniques to boost personal and organizational adaptability right away.

## Why Choose Our Workshop?

- Delivered by Drew Bird, one of only 3 AQ Certified Delivery Partners in the US and Canada.
- Offered as either an in-person event, or via Zoom/Teams/Google Meet.
- Includes an array of actionable resources, including handouts, templates, and materials designed to support ongoing AQ development and encourage deeper learning.
- Free access to 1-hour online video based course - Cultivating Adaptability following the program to deepen and sustain the learning.

